



NEWSLETTER

Mendooran Central School

Learn to Live

Term 4 Week 2

Monday 22nd October 2018

Will it be easy? NO.

Will it be worth it? ABSOLUTELY!

As your school life comes to an end, your new life is just beginning!



PRINCIPAL'S NOTES

HSC Examinations

Our Year 12 students sat papers 1 & 2 of their English examinations last week. Ancient History is tomorrow, with Mathematics on Thursday and Senior Science on Friday. Best of luck to our Year 12 students!!!

The Year 12 Graduation dinner will be held on Friday 9th November. Numbers and payment are required as soon as possible for catering purposes.

Excursions

Our Years 3-6 students are off to Lake Burrendong from Wednesday to Friday. Our Kindergarten to Year 2 students are heading to the Dubbo Western Plains Zoo on Friday. We trust they will all have a wonderful time!

Infant's Tabloid Day

Our Infants students thoroughly enjoyed the Infants Tabloid Day last Friday. Thank you to the parents who were able to help transport and supervise students on the day.

Cancer Ride

Congratulations to Shellby Adams, Airlie Smith, Anna Ward and Victoria Monk for riding with Sue Ellen Lovett on her fundraising ride for cancer sufferers last week. They were wonderful ambassadors for our school!

Smiles OnSite

We had an educational visit from a Smiles OnSite dental representative last week. The van will be visiting in Week 8 and is funded by the federal government's Child Dental Benefits Scheme (CDBS).

Ancient History Field Trip

The Ancient History Field Trip has been rescheduled for this Friday 26th October. They will be visiting Sandstone Caves and an Indigenous Heritage site near Coonabarabran. The group will be supervised by Ms Suttor.

Kindergarten Orientation

Our Preschoolers will be visiting the school beginning next Monday, 29th November, for the Kindergarten 2019 orientation program, which will run over the following weeks.

Mrs Julie Waters



Mendooran Central School Leaders

Principal Mrs Julie Waters	
Assistant Principal Vicki Parnaby	HTSS Troy Newberry
Captains Secondary Peta M ^c Leod Lachlan Howarth	Vice Caps Secondary Kyle Hartley Bret Boneham
Captains Primary Shellby Adams Airlie Smith	Vice Caps Primary Felicity Cook Riley Brady

KINDERGARTEN

Well done to the Infants students who participated in Binnaway at the Tabloid Day. It was a very enjoyable day.

Just a reminder that this Friday is the Zoo Excursion. **We are leaving the school at 9am.**

Please be at school no later than 8:45am so we can depart on time as we have the Education Session booked. If you are not coming on the excursion please still come to school as work will be left for you.

Also please remember that recess, lunch, hats and a drink bottle will need to be provided as we are unable to purchase food.

This week Kindergarten will be looking at active living, in Maths we will be looking at Whole Numbers and in writing this week we will be focusing on capital letters and full stops with our sentences. We will continue to keep our weather journal that we started last week. Have a great week everyone.

C Burns

Year 1/2

Thanks for a great Week 1, I've enjoyed being back in with all my hard working students! We are all looking forward to our Zoo excursion this coming Friday 26th, so please ensure you double check any requirements so students are ready for the day. Please make sure you arrive at school on time, as we will not have time to wait for any late arrivals. Our focus sounds this week are 'oy' 'oi' and 'eer' 'ear'. These sounds with more than one letter are extra tricky and we need to focus on knowing the sound they make when they are together. In Math we are continuing to focus on Addition and Subtraction. There are lots of different strategies to learn so we are trying to get really used to using them. Have a great week everyone!

N Currall

YEAR 3/4

We are on our final countdown to the experience of a life time! We head off to Lake Burrendong this Wednesday for three wonderful days, arriving back on Friday afternoon. Please be at school by 8.45am **(BEFORE 9am)** on Wednesday morning ready to catch the bus. For those students not attending the excursion you are still expected to attend school. There will be no homework this week.

V Parnaby

Year 5/6

For Spelling this week the students are creating their own spelling lists by choosing words they spelt incorrectly in previous tests. This is to help the students revise a range of different graphemes and phonemes. On Tuesday the students will be sitting a Maths test on 2D space. This will include Mathematical ideas like line symmetry, rotational symmetry, transformations and properties of shapes. I encourage the students to take their Maths books home to study.

On Wednesday the 24th we are leaving for our excursion to Lake Burrendong. Students must be at school no later than 8:45am on Wednesday to ensure we can depart on time at 9am. We will return to Mendooran Central School on Friday the 26th at approximately 4pm.

I encourage students to bring a spare backpack to pack items in during each day like towels and swimmers.

If you have any questions please contact the school.

N Ptolemy

Book Club Issue 7 is due in to the Front Office by Monday, 29th October 2018.

LOOP is available to all parents when ordering online.

2018 HOMEWORK CENTRE

I hope everyone has enjoyed their break and has come back with a fresh energy!

The homework centre will run every Thursday from 3:30pm – 5:00pm.

A variety of teachers will be in attendance to help with the individual educational needs of the students.

This is an excellent opportunity to prepare for Yearly Exams. Students are required to bring in a signed permission note (these can be obtained from the office) before they are allowed to attend.

This is not a child minding service. Students are expected to bring work with them.

We will be starting the Homework Centre *this* Thursday – 25/10/18.

M Galiatsatos

5 MINUTES WITH MALCOLM



On Friday the 19th of October, I was given the privilege to help coach the martial arts workshop at the Cassilis Annual Sports Workshop. It was a great day for me, my karate instructor, Sensai Mark Ellis and all the groups that participated throughout the day.

We taught various moves to each group, we also taught each group about respect, what to do when confronted by an aggressive person, which is to walk away from him or her, and the meaning of karate, which is two Japanese words meaning 'empty hand'.

Then my Sensai and I taught each group various blocks and how they can be applied in a way that protects you. At morning tea, we had the pleasure of meeting other coaches from the various workshops being run including cricket, orienteering, kids fitness and dance just to name a few.

Once morning tea was over, we jumped back to teaching groups the basic defensive blocks and offensive kicks. Lunch meant we had another opportunity to learn about each other.

After there was one more group and then the presentation ceremony, at which each coach was presented with a certificate signed by the school captain and a box of chocolates.

It was a very beneficial day for myself, as I learnt how to teach children various techniques, and for the kids who had the chance to learn various sports.

Mrs K Burgess, the Principal at Cassilis Public School, offered me to help come and coach martial arts again next year.

I was very honoured to be offered this opportunity to better my martial arts skills and help children become involved in sports.

Written by Malcolm Hellyer, Year 9



HSC TIMETABLE MCS 2018

HSC Day 4 Tuesday 23 October

Ancient History 9.25am–12.30pm

HSC Day 6 Thursday 25 October

Mathematics General 2 9.25am–12 noon

HSC Day 7 Friday 26 October

Senior Science 9.25am–12.30pm

HSC Day 9 Tuesday 30 October

Personal Development, Health and Physical Education 9.25am–12.30pm

HSC Day 11 Thursday 1 November

Hospitality (VET) 1.55pm–4.00pm

Kitchen Operations and Cookery

Food and Beverage

HSC Day 16 Thursday 8 November

Industrial Technology 1.55pm–3.30pm

Automotive Technologies

Electronics Technologies

Graphics Technologies

Metal and Engineering Technologies

Multimedia Technologies

Timber and Furniture Technologies

HSC Day 17 Friday 9 November

Design and Technology 9.25am–11.00am

Class of 2018 Graduation Dinner

For the purposes of catering and table settings, Mendooran Central School

requires you to RSVP with acceptance and payment by

Friday, 26th October 2018, to the Front Office.

Unfortunately this date cannot be pushed back any further and if you haven't responded by this Friday you will be unable to attend on the night.

Years 3-6

Excursion Checklist!

All items MUST BE LABELLED prior to the day!

Please bring the following items:

- 1x Sleeping Bag and 1x Pillow
- 2x Towels
- 3x Plastic Bags for wet towels/dirty clothing/wet shoes
- Toiletries: brush/comb, hair ties, soap, shampoo/conditioner, toothbrush/toothpaste
- Hat and Sunscreen
- Swimmers
- 3x sets of comfortable casual clothing: shirts/shorts/trousers/jumpers
- 5x Socks and 5x Underwear (extras are required in case they get wet during outdoor activities)
- 1x Pair of comfortable enclosed walking shoes
- 1x pair of old shoes that can get wet or muddy
- Pyjamas
- Raincoat
- 1x Bag to pack everything into
- **1x Back Pack to use during the day**

Newly added
to the list

Any medication required must be in a zip locked bag with clear name and instructions written on it. This must be handed directly to your teacher before departure!

DENTAL VAN WEEK 8 - ALL WEEK

Consent Forms are now available

Mendooran Central School is collaborating with Smiles Onsite to promote healthier, happier smiles at our school! This incredible service is being offered for FREE under the federal government's Child Dental Benefits Schedule (CDBS), and comes along with the chance to grab some amazing prizes.

All students will be given a consent form to bring home so that they can participate, and also so that they can go in the draw to win a prize!

How does it work?

The Child Dental Benefit Schedule (CBDS) grants all eligible parents with \$1000 worth of Medicare towards dental per child, over a two-year period. Eligible parents should receive a confirmation letter; however if you are still unsure, Smiles Onsite can check for you on completion of their consent form.

Can I make use of this service if I'm not eligible?

Of course! Smiles Onsite can do almost everything that your local dentist can do on board their state-of-the-art mobile Clinic. If you would like them to see your child for a scale and clean, fillings, fissure seals etc., these services can be offered with NO GAP payable.

This service is a great opportunity to get kids into the habit of good oral hygiene, and we hope you're as excited about it as we are!

If you would like your child/children or yourself to participate in our service and have not received a Dental consent form please click on the blue link below and complete the form. This form can be filled out on your computer, smartphone or iPhone.

<https://form.jotform.co/82237436597871>

If you have any questions about this program or your eligibility, please contact Smiles Onsite directly on 1800 276 453.

For any further questions, please contact the Front Office on 6886 1149.



Community News

Junior Touch Football

Junior Touch Football will still be held this Thursday, 25th October 2018, at 5.00pm. Please ensure your child/children wear a hat, sunscreen and bring plenty of water.

Mendooran Senior Touch Football

Please remember if you have not paid or registered online this is the last week to do so. If you have not done this before the commencement of the game you will not be able to take the field.

C Carey



Round Two - 25/10/2018

6pm	Binnaway Bombshells	Vs	Royal Rebels
6pm	Beers & Babes	Vs	Wingin it
6:40pm	Straight outta Neilrex	Vs	The Hillbillies
6:40pm	Little Embers	Vs	Matts Miracles
	Duceys Devils		Bye



Mendooran/Merrygoen Amateur Swimming Club News

Hi Swimmers, the 2018-2019 season will start on the **2nd November 2018** at the Mendooran Swimming Pool at 4pm. Please contact Bec Sciberras on email: bibby82@hotmail.com or text information to 0447 861 386 to join. Make sure you also let Bec know if your email has changed for registration. Age for swimming is from 4 years and up. The Dolphin program is running again this season which means free membership to those swimmers under 8 years. For those swimmers 8 years and over the cost will be \$85 per swimming member.

If there is anyone that has not used their Active Kids Rebate, it can be used to cover registration for the 2018/19 season. You can apply for a voucher for your child online at Service NSW. You will receive an email from swimming NSW as you have done in the past. Don't pay this registration if you would like to use your voucher. Send the voucher to Bec Sciberras bibby82@hotmail.com or 0447 861 386 so that it can be used to cover your child's registration for the 2018/19 swimming season.

We require everyone to be a paid member before they can swim this season due to insurances.

Swimming training will run again this season and will start on Tuesday the 30th October 2018 with Kerrie Ward at the Mendooran Pool. Cost is \$5 each swimmer, please be there at 3.30pm and Kerrie will organise groups for training. Thanks Kerrie for doing training, it will be a lot of fun.

All new members are always welcome and a \$2 sausage sizzle is held at the pool every Friday which is a great way to finish off a busy week. The Mendooran/Merrygoen Amateur Swimming Club would like to thank our past sponsors Mendooran Central Motors - Elgas, Victoria Pisaturo and Lonsdale White Suffolk Stud - The Beer family. We really appreciate their ongoing support for our swimming club and look forward to seeing everyone back at the pool.



L Monk

Mendooran Pony Club

Yesterday's Rally Day was cancelled due to a lack of numbers.

Please get your entries in for this weekend's Jamboree to be held at Narromine.

Congratulations to Airlie Smith, Shellby Adams, Victoria Monk and Anna Ward for riding over 20kms in support of Sue Ellen Lovett and her Ride Against Cancer. The girls were supervised by Mr Tom Ward and had an incredible time participating in such a wonderful cause.

J Smith



DUNEDOO BOWLING CLUB
FRIDAY 26TH OCTOBER
6.00PM

Presented by Dunedoo & Mendooran Health Council



Light supper
Provided FREE

Presenters

Dr Florian Honeyball - Head of Oncology Dept Dubbo Hospital
Gamilla Kenny - Rural Mental Health Coordinator RAMHP
Sue-Ellen Lovett - Blind Equestrian Paralympian

RSVP ESSENTIAL by 19th Oct

Let us know if you would like to be picked up by the bus

DELTA 6375 1209
Mike Ascher (Health Council Member) 6886 1373
Milling Stuart 6375 1009
Text 0429 172 893



MCS Canteen - Summer Menu

Please note
price changes

<i>Hot Food</i>	<i>Burgers</i>	<i>Ice Blocks</i>
Large Meat Pie \$4.80	Hamburger \$4.70	Shaky Shake \$2.00
Cheese & Bacon Pie \$5.10	Chicken Burger \$4.50	Jelly Stick \$0.20
Large Sausage Roll \$2.90	Cheese Muffin (meat/cheese & Sauce only) \$4.20	Animal Pop \$0.20
Large Cheese & Bacon Sausage Roll \$3.20		Rainbow Paddle Pop \$1.60
Party Pies \$0.70		Peppermint Paddle Pop \$1.60
Small Sausage Rolls \$0.70	<i>Wraps</i>	
Pizza Singles \$2.80	Large Chicken Wrap (chicken, lettuce, tomato, mayo and cheese) \$4.30	<i>Drinks</i>
Homemade Quiche \$3.80	Ham & Salad Wrap \$4.50	Water \$1.00
Noodles—Beef or Chicken \$2.50	Chicken & Salad Wrap \$4.50	Fruit Juice \$1.00
Chicken Nuggets \$0.70	Egg & Salad Wrap \$4.50	Milk—Chocolate or Strawberry \$1.80
Mac and Cheese \$3.00		Slushie \$1.00
	<i>Recess only</i>	
<i>Sandwiches</i>	Hash Brown \$0.60	<i>Desserts</i>
Devon \$1.50	Cheesy Bread \$1.00	Jelly/Custard/Mousse \$0.50
Cheese \$1.50	Garlic Bread \$1.50	Fresh Fruit/Trifle \$0.80
Vegemite \$1.50		
Ham \$1.50	<i>Snacks</i>	
Ham & Salad \$4.50	Chips \$1.20	<i>Extras</i>
Ham , Cheese & Tomato \$3.20	BBQ Snaps \$1.00	Bags \$0.20
Chicken & Salad \$4.50	Biscuits - Home made \$0.60	Tomato/BBQ Sauce/Mayo \$0.20
Chicken \$3.00		Toasted \$0.20
Egg & Lettuce \$3.00		
<i>Salad in a Bowl</i>		
Ham/Chicken/Egg with Salad \$5.50		
Quiche with salad \$6.00		





Seasonal fruit available
- cost will vary -

Menu available from
Oct 15th 2018 to Apr 12th 2019

Please ensure the child's class/year
is written on the bag.



Term 4 2018

2	22.10 Planned Fire Drill at 1:10pm	23.10  HSC Ancient History Exam 9.25 - 12.30pm	24.10 Years 3-6 Burrendong Excursion	25.10 HSC Mathematics Exam 9.25 - 12.00pm	26.10 HSC Senior Science Exam 9.25 - 12.30pm K-2 Excursion Dubbo Zoo Year 11 Ancient History Field Trip
3	29.10 Kindergarten Orientation #1 10-10:50am	30.10  HSC PDHPE Exam 9.25 - 12.30pm	31.10 STATE ATHLETICS CARNIVAL-SYDNEY	1.11 HSC Hospitality Exam 1.55pm - 4pm	2.11 State Spelling Bee Finals in Sydney 9:30am Smiles OnSite Primary - Session 2 10am - Secondary Powerpoint BER
4	5.11 Kindergarten Orientation #2 10-10:50am	6.11 	7.11	8.11 HSC Industrial Tech Exam 1.55 - 3.30pm	9.11 HSC Design & Tech Exam 9.25 - 12.30pm Year 12 Graduation Night
5	12.11	13.11  "Buy 1, Get 1 Free Book Fair"	14.11 Kindergarten Orientation #3 9-11:10am	15.11	16.11



Term 4 2018

19.11	20.11	21.11	22.11	23.11
6	<p>ASPIRE Year 8</p> <p>Student Banking Day</p> <p>"Buy 1, Get 1 Free Book Fair"</p>	<p>Duke of Ed</p> <p>Canoe Trip</p>		<p>Kindergarten Orientation #4</p> <p>9-1:30pm</p>
26.11	27.11	28.11	29.11	30.11
7	<p>Year 7-10 Exams ALL WEEK</p> <p>Student Banking Day</p>			<p>Kindergarten Orientation #5</p> <p>9-3:10pm</p>
3.12	4.12	5.12	6.12	7.12
8	<p>Smiles OnSite Dental Van ALL WEEK</p> <p>Student Banking Day</p>			
10.12	11.12	12.12	13.12	14.12
9		<p>Student Banking Day</p>	<p>"Rock It" School Music Performances K-6</p>	<p>Secondary Sports Day in Binnaway</p>